

MLH M Speiseplan - CW 51 (18.12 - 24.12)

MLH M



Monday 2023-12-18	Tuesday 2023-12-19	Wednesday 2023-12-20	Thursday 2023-12-21	Friday 2023-12-22
Vegetarien food Potato noodles with vegetables Soya herb dip Pumpkin seeds int. 4.50 € / ext. 6.75 €	Vegetarien food Vegetarian meat balls with tomato sauce Penne rigate Grana Padano int. 5.20 € / ext. 7.80 €	Vegetarien food Bulgur vegetable pan Soya herb dip int. 4.50 € / ext. 6.75 €	Vegetarien food Cheese spaetzle Fried onions int. 4.20 € / ext. 6.30 €	Vegetarien food Vegetarian pasta casserole int. 4.20 € / ext. 6.30 €
Essen vegan Cannelloni spinach ricotta Tomato sauce Grated cheese int. 4.00 € / ext. 6.00 €	Essen I Tandoori Chicken Leg Paprika sauce int. 2.80 € / ext. 4.20 €	Essen vegan Pasta-Vegetable-Gratin Vegetarian balls Grated cheese int. 4.20 € / ext. 6.30 €	Essen vegan Cannelloni spinach ricotta Tomato sauce Grated cheese int. 4.20 € / ext. 6.30 €	Essen I Deep-fried coalfish fillet Avocado-chili-dip int. 3.80 € / ext. 5.70 €
Essen II Sliced beef "Stroganoff" int. 4.50 € / ext. 6.75 €	Essen II Pulled Pork Barbecue dip int. 4.50 € / ext. 6.75 €	Essen I Peas soup Potato cream soup with bacon sausage int. 3.80 € / ext. 5.70 €	Essen I stuffed pepper Paprika sauce int. 3.90 € / ext. 5.85 €	Gemüse 1 Winter vegetables int. 2.00 € / ext. 3.00 €
Essen III Atlantic flounder Tomato sauce Grated cheese int. 4.00 € / ext. 6.00 €	Gemüse 1 Broccoli int. 2.00 € / ext. 3.00 €	Essen II Braised beef Gravy int. 5.20 € / ext. 7.80 €	Essen II Veal goulash with mushrooms int. 4.80 € / ext. 7.20 €	Stärkebeilage 1 Rice with vegetables int. 1.00 € / ext. 1.50 €
Gemüse 1 Winter vegetables int. 2.00 € / ext. 3.00 €	Stärkebeilage 1 Penne rigate int. 1.00 € / ext. 1.50 €	Essen III Turkey escalope Chanterelle with cream int. 5.50 € / ext. 8.25 €	Essen III Potato cream soup with bacon sausage int. 3.80 € / ext. 5.70 €	Stärkebeilage 2 Potato int. 0.90 € / ext. 1.35 €
Stärkebeilage 2 Rice int. 0.80 € / ext. 1.20 €	Stärkebeilage 2 Rice with vegetables int. 1.00 € / ext. 1.50 €	Gemüse 1 Red cabbage int. 0.90 € / ext. 1.35 €	Gemüse 1 bell peppers int. 2.00 € / ext. 3.00 €	Dessert 1 Curd cheese vanilla int. 1.00 € / ext. 1.50 €
Stärkebeilage 3 Butter potatoes int. 0.90 € / ext. 1.35 €	Stärkebeilage 3 Fries Potato wedges int. 1.50 € / ext. 2.25 €	Stärkebeilage 1 Potato noodles int. 1.50 € / ext. 2.25 €	Stärkebeilage 1 Rice with vegetables int. 1.00 € / ext. 1.50 €	

Dessert 1

Wild berry yoghurt

int. 1.00 € / ext. 1.50 €

Dessert 1

Pudding with creme and caramel

int. 1.00 € / ext. 1.50 €

Stärkebeilage 2

Potato wedges

int. 1.30 € / ext. 1.95 €

Dessert 1

Pudding with creme and chocolate

int. 1.00 € / ext. 1.50 €

Stärkebeilage 2

Penne rigate

int. 1.00 € / ext. 1.50 €

Stärkebeilage 3

Potato noodles

int. 1.50 € / ext. 2.25 €

Dessert 1

Cherry yoghurt

int. 1.00 € / ext. 1.50 €